

STUDENT UNION HELP GUIDE

ppkhok.elte.hu



About the *Student Union* a.k.a *HÖK*

The student union (HÖK) at universities is an organisation that represents the interests of students and performs a number of tasks in order to improve the life and learning environment of students. Below is a summary of the main tasks and roles of the Students' Union in university life:

advocacy, legal assistance, academic assistance, scholarships, social support, faculty opportunities, programmes, events...etc.

You can always contact the members of the Student Council with any questions you may have.

If you have questions on academic matters :

tanulmanyi@ppkhok.elte.hu



Kazinczy Street building, room P04



You can find the updated opening hours on our website

<https://ppkhok.elte.hu>



elnok@ppkhok.elte.hu



Phone: +36 1 461 4500
Extension 3470



In the following description you can read about the work of the committees that may be relevant for you during your studies.

THE COMMITTEES

are specialized bodies of the SU and embodied with decision-making and executive powers. Their tasks are described in the Statutory.

Student Welfare Committee

The members of the committee are the President, the Equal Opportunities Officer, who represents students with special needs and disadvantages at the Faculty and the Applications Officer, who is responsible for the evaluation of scientific, cultural and sporting applications to the Faculty.

On what issues can you contact the committee?

- scientific, sports and cultural scholarship
→ palyazat@ppkhok.elte.hu
- short-term professional study trip scholarship
→ palyazat@ppkhok.elte.hu
- in case of disadvantage or special need
→ esely@ppkhok.elte.hu

Economic Committee

The president of the committee directs and manages the financial management and economic administration of the SU. The president prepares the annual budget proposal for the SU, and the previous year's budgetary report, submits them to the Assembly of Delegates.

→ gazdasagi@ppkhok.elte.hu



Communication Committee

The President and the members of the committee are responsible for all the offline and online media sites of the SU. Their main task is to provide students with a wide range of information, with particular emphasis on faculty, university, national and international higher education issues and current affairs.

On what issues can you contact the committee?

- If you have any information material that you would like to share with other students, such as events, job opportunities, scholarships or student group

→ kommunikacio@ppkhok.elte.hu

- If you would like to place posters around the building of Kazy and IZU

→ kommunikacio@ppkhok.elte.hu

- If you would like to have your essays, novels or poems published in the Faculty Magazine Perspektíva

→ perspektiva@ppkhok.elte.hu

International Affairs Committee

The members of the committee are the President, the Chief mentor and the International Information Officer. The committee has two main tasks. On one hand, the committee's job is to inform the students about the international opportunities, exchange programs and scholarships that are available for the students at PPK. On the other hand, they help the incoming international students to navigate in their everyday life at ELTE and Budapest as well.

On what issues can you contact the committee?

- If you are interested in international opportunities

→ kubtag@ppkhok.elte.hu

- If you need help with your everyday life as a student, such as accommodation, healthcare, events etc.

→ kulugy@ppkhok.elte.hu

Event Organizing Committee

The main task of the committee is to help the integration of the freshmen students by organizing various programs at the Faculty. The members are the President, the Cultural Events Officer, the Sport Events Officer, the Logistics Officer and the Animator Coordinator who organizes the work of the animators.



On what issues can you contact the committee?

- If you are interested in the programs of the SU
- If you have questions regarding a specific event organized by the SU

→ rendezveny@ppkhok.elte.hu

Academics Committee

The members of the committee are the president, the delegate coordinator, the scientific officer and the Teacher's Training Officer. The main task of the committee is to help the students' academic life by taking positions of principle on academic matters, help the incoming students with academic questions and create various opportunities for advancement in academic life.

On what issues can you contact the committee?

- If you have questions on academic matters

→ tanulmanyi@ppkhok.elte.hu

- If you are interested in publishing your thesis in the Faculty's biannual journal, Tudományperspektíva

→ tudomany@ppkhok.elte.hu



Audit Committee

The Audit Committee's responsibility is to supervise the proper functioning of the Student Union and monitoring the correctness of decisions taken in the course of its operations. Any student can initiate a review at the Audit Committee, which could prompt an audit process of the Student Union.

→ eb@ppkhok.elte.hu

Assembly of Delegates & The Board

Assembly of Delegates is the main decision-making body of the Student Union.

The Board is the main decision-making body of the Municipality between the executive and two meetings of the Assembly of Deputies is the Board.



FACULTY OPPORTUNITIES AND APPLICATIONS

Grants and scholarships

Student Welfare Committee

One main task of the committee is to announce the application call for scholarships and grants that are evaluated by the KÖB (Faculty's Scholarship Committee). If you have any questions after reading the application calls, reach out to us at palyazat@ppkhok.elte.hu!

Scientific, cultural and sports grant

Who can apply?

Any student who in the given semester has an active registration on a full-time course at ELTE PPK, thus state-funded and self-funded students as well. Active student status is required.

Students can apply for the grant to cover the expenses of participating in conferences and organizing scientific, cultural, and sports events, as well as for the honorarium of competition results.



Scholarships for short-term professional study trips

Who can apply?

Any student who in the given semester has an active registration on a full-time course at ELTE PPK, thus state-funded and self-funded students as well. Active student status is required.

The application provides an opportunity for faculty students or groups of students to participate in various professional study trips related to their studies. Application for travel expenses is possible for the following activities: participation in conferences, lectures, fieldwork related to professional activities, participation in a professional program organized for a group of students, or other travel related to studies.

If you would like to find out more details about the application period and requirements, visit ppkhok.elte.hu under the tab *International > Application calls, scholarships, grants*

Tudományperspektíva

„Tudományperspektíva“, which translates to “science perspective” is the biennial journal of our faculty, featuring an ISSN number.

The magazine is published every two years, allowing students to have their articles published officially. This can be an advantage when applying for masters, for academic applications, and it also looks good on your CV.

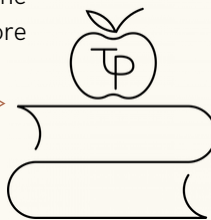
The submission period is usually in the middle of January, you can find more information at ppkhok.elte.hu

under the tab *International>Publications>*

Tudományperspektíva

or contact us at

tudomany@ppkhok.elte.hu



Mentors

The Mentors aim to integrate international students through engaging events and a strong mentor network. The focus is on organizing and promoting events in English to ensure inclusivity. Mentors work to bridge the gap between local and international students. They also work towards making already existing faculty events accessible to international students with better English promotion and dedicated English sections.



mentor@ppkhok.elte.hu

Student life

Do you need help?

- Free peer-to-peer mental health support for international students
- The International Peer-Counselling Organisation (IPCO) helps ELTE international students overcome struggles in their academic and personal lives by offering free peer counseling services to fellow peers. IPCO's mission is for students to have access to free mental health services throughout their studies at ELTE.
- For more information, visit IPCO's webpage: <https://sites.google.com/view/ipcoppk>



Would you like to do sports?

- Although physical education is not mandatory at ELTE, there are many opportunities for you if you want to exercise. There is usually a small fee for physical education classes, but it is well worth it. Most physical education classes even allow you to earn credits!

• How to register?
subjects - register for subjects - all other subjects in the institution - course code: VTN

- If you crave even more opportunities and sports, check out the ELTE Sports Club: <https://www.beac.hu/en/>



Interested in photography?

- If you're interested in media and have ever held a camera or video camera in your hand, don't hesitate - apply to the only media team at ELTE PPK!



#mediagroup

Would you like to learn Hungarian?

- Visit this site where you can find all the important information about your Hungarian language classes:

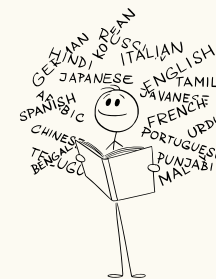
<https://btk.elte.hu/hungarian-language-courses>

- Here you can find a website where you can practice the 100 most common Hungarian words:

<https://www.hungarianpod101.com/hungarian-word-lists/?page=2>

- 30 Hungarian idioms:

<https://www.hungarianpod101.com/blog/2021/06/10/best-hungarian-proverbs/>



Do you want to join a university club?

Or perhaps start your own?

On this site, you can find all the related information:

https://ppkhok.elte.hu/?page_id=8038



Academic life

Interested in research?

- You have a wealth of opportunities at your fingertips! You may find our research groups here: <https://www.ppk.elte.hu/en/researchgroups>

Would you like to gain international experience?

- Our international newsletter is your gateway to the latest news, events, and opportunities from across the university and beyond!

GETTING AROUND IN BUDAPEST

Medical services

Most pharmacies (gyógyszertár) are open until 8 p.m., however some stay open overnight in case of emergency.

Some **24-hour pharmacies**:

Teréz gyógyszertár: 1067 Budapest, Teréz körút 41

Óbuda gyógyszertár: 1032 Budapest, Vörösvári út 84

Elefánt gyógyszertár: 1101 Budapest, Pongrácz út 19

Déli gyógyszertár: 1123 Budapest, Alkotás út 1/B

Örs vezér gyógyszertár: 1148 Budapest, Örs vezér tere 23

Nagyicce gyógyszertár: 1163 Budapest, Veres Péter út 11/B

Hospitals (kórház):

Merényi Gusztáv Kórház 1097 Budapest Gyáli utca/út 17-19
Péterfy Sándor utcai Kórház 1076 Budapest, Péterfy Sándor utca 8-20

Szent István Kórház 1097 Budapest, Nagyvárad tér 1

Szent László Kórház 1097 Budapest, Albert Flórián út 5-7

Szent Imre Kórház 1115 Budapest, Tétényi út 12-16

Uzsoki utcai kórház 1145 Budapest, Uzsoki utca 29-41

Practical matters

ELTE has collected all the information that can be useful for you, to overview the Hungarian administrative system. Here you can find detailed information on Visa/Residence Permit, Housing, and the Information Guide holds all the important details about the university system.

<https://www.elte.hu/en/practical-matters>

Finding a workplace

You may find associations that help students find a (seasonal) workplace:

- <https://etisz.hu/>
- <https://www.muisz.hu/en/student-works>
- <https://en.minddiak.hu/student-job>

Emergency numbers

- Ambulance: 104
- Police: 107
- Fire Brigade: 105
- European Emergency Number: 112

Transportation

The transportation in Budapest is efficient and wallet-friendly.

- bus, metro, trolleybus, tram, suburban railways and boat services: <https://bkk.hu/en/>
- bicycle-sharing: <https://molbubi.hu/en/>
- car-sharing: <https://greengo.com/hu/index-en>
- taxi services: 6x6 Taxi, Bolt, Uber, Főtaxi etc.



Places to visit

Budapest is full of life and opportunities, whether you'd like to go on a picnic, visit a museum or hit the bar.

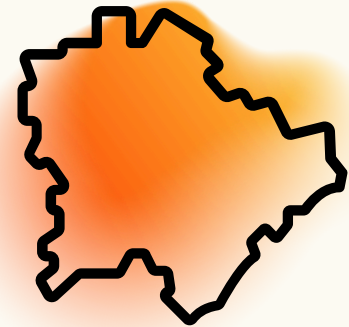
Some famous sights:

- Margaret Island (Margit-sziget)
- Central Market Hall (Központi Vásárcsarnok)
- Chain Bridge (Lánchíd)
- Heroes' Square (Hősök tere) and City Park (Városliget)
- The Museum of Fine Arts (Szépművészeti Múzeum)

Bars & party destinations:

- Szimpla Kert, Telep, Központ, Zsiráf, Pontoon, Instant Fogas
- ...and much more!

BUDAPEST



Where to eat?

As both buildings are located in popular areas, there are lots of opportunities to choose from.

Some places around KAZY (the main Faculty Building)

- KARAVÁN Food Fair - vegan & gluten free options
- Melissa Bisztró: Greek food - vegan & vegetarian options
- Gettó Gulyás: traditional Hungarian food - vegetarian & gluten free options
- Deshi Dine: Taste of home - halal food
- hummusbar - vegan options

Places around IZU (the institute of psychology)

- Király100: traditional Hungarian food
- Kozmosz: vegan restaurant

STAY IN TOUCH

Social media pages

We created the page @studentunionppk on Instagram dedicated to international students to stay in touch and share upcoming events and opportunities. All posts are written in English. Follow us to stay updated!

- **@studentunionppk** - Official page of ELTE PPK Student Union in English

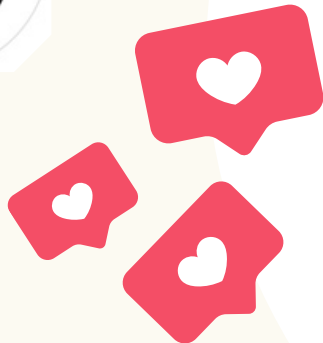


Next to the page managed by the International Affairs Committee, there are two more accounts that you may find helpful.

- @elteppkhok - Official page of ELTE PPK Student Union
- @elteppkinternational - Official page of ELTE PPK in English



<https://ppkhok.elte.hu/>



Whatsapp groups

Please join the Whatsapp groups we created for you, according to your specialization.

In these groups, we will share some important information regarding your studies, opportunities at the university, and events organized by the Student Union.



Psycho BA

WhatsApp-csoport



Psycho MA

WhatsApp-csoport



Cogn. Neuroscience MA

WhatsApp-csoport



Soc.Integration+ Ed. Science MA

WhatsApp-csoport



HumanRe MA

WhatsApp-csoport

