

<b>Title of the course: Psychology of Counselling</b>	<b>Credits: 3 ECTS</b>
Type of the course: <b>lecture – 30 contact hours</b>	
Type of the evaluation: <b>exam</b>	
Place in curriculum (semester): <b>1<sup>th</sup> semester</b>	
Prerequisites ( <i>if any</i> ): -	
<b>Course description:</b> Please, provide a short, informative description of knowledge to obtain and competences to achieve, and a short (6-10 lines) summary of the aims and content of the course, followed by the 10-15 topics covered.	
<p>The course covers the process of career development from childhood to old age. The conditions of person-career correlation will be classified. The course also presents the factors that either presuppose incompatibility or motivate people to change. The course will analyse the criteria of career development, career issues, and the characteristics of crisis sources and strategies that aid career development in connection with other “developmental tasks”. The course also covers the European history and situation of career counselling, addressing generational differences, the career choice habits of the Y and Z generations, and how these appear in the workplace.</p> <p>Students will understand the process of career development, be able to analyse its criteria, and recognize career issues and the characteristics of crisis sources.</p>	
3-5 most important required and suggested readings (eg. textbook) with bibliographic details (author, title, details of edition, pages, ISBN)	
<p><u>Required readings:</u></p> <ul style="list-style-type: none"> <li>• Swanson, Jane L. – Fouad, Nadya A. (2015): <i>Career Theory and Practice Learning Through Case Studies</i>, SAGE Publications Ltd. 3<sup>th</sup> edition, 408 p. ISBN: 9781452256696</li> <li>• Woolfe, Ray – Strawbridge, Sheelagh – Douglas, Barbara et alii (2010): <i>Handbook of Counselling Psychology</i>, SAGE Publications Ltd. 712. p. ISBN: 9781847870797</li> <li>• Di Fabio, Annamaria – Maree, Jacobus Gideon (ed) (2013): <i>Psychology of Career Counselling: New Challenges for a New Era</i>, Nova Science Pub Inc., 281 p. ISBN: 978-1628082722</li> <li>• Andersen, Patricia – Vandehey, Michael (2011): <i>Career Counselling and Development in a Global Economy</i>, Wadsworth Publishing; 2 edition, 400 p. ISBN: 978-0840034595</li> <li>• Evans, Kathy (2007): <i>Gaining Cultural Competence in Career Counseling</i>, Wadsworth Publishing; 224 p. ISBN: 978-0618573585</li> </ul> <p><u>Suggested readings:</u></p>	

- Kagan, Carolyn (2015): *Community psychological perspectives and counselling psychology*. In. *Counselling Psychology Review*. Sep2015, Vol. 30 Issue 3, p12-21. 10p.
- Adams, Martin (2014): *Human development and existential counselling psychology*. In. *Counselling Psychology Review*. Jun2014, Vol. 29 Issue 2, p34-42. 9p
- Stanley, Peter (2013): *Defining Counselling Psychology: What do all the Words Mean?* In. *New Zealand Journal of Psychology*. 2013, Vol. 42 Issue 3, p27-34. 8p
- Henton, Isabel (2012): *Practice-based research and counselling psychology: A critical review and proposal*. In. *Counselling Psychology Review*. 2012, Vol. 27 Issue 3, p11-28. 18p
- Ivztan, Itai - Redman, Emily et alii (2012): *Gender role and empathy within different orientations of counselling psychology*. In. *Counselling Psychology Quarterly*, Dec2012, Vol. 25 Issue 4, p377-388. 12p.