

Title of the course: Counselling and social psychology - lecture	Credits: 2 ECTS
Type of the course: lecture – 30 contact hours	
Type of the evaluation: exam	
Place in curriculum: 2nd semester	
Prerequisites (<i>if any</i>): -	
Course description: Please, provide a short, informative description of knowledge to obtain and competences to achieve, and a short (6-10 lines) summary of the aims and content of the course, followed by the 10-15 topics covered.	
<p>The course aims to provide students with knowledge regarding social situations, more specifically the social psychological aspects of counselling, interpersonal communication and the factors influencing it; respectively to help students to acknowledge those important socio-psychological phenomena and important topics that appear in the counselling process. The course will introduce to students the relationship between social psychology and counselling and also the socio-psychological approach of the counselling process, actors and methods. Main topics are: socialization, social learning, roles and status, personal perception, impression creation, attribution, prejudices and stereotypes, conformism, social interaction, verbal and nonverbal communication, facilitation, aggression, counseling situation, attitudes, individual and group counseling, group dynamic.</p> <p>Upon the successful completion of this course students will be able to understand and to interpret the socio-psychological phenomena related to human resources counselling (knowledge level).</p>	
3-5 most important required and suggested readings (eg. textbook) with bibliographic details (author, title, details of edition, pages, ISBN)	
<p><u>Required readings:</u></p> <ul style="list-style-type: none"> • Egan, G. (2014): The skilled helper: a problem-management and opportunity-development approach to helping. Brooks/Cole, Cengage Learning, ISBN: 978-1-285-06571-7 • Amundson, N.E. (2009). Active engagement: The being and doing of career counselling. Edition Three. Richmond, B.C.: Ergon Communications.ISBN: 978-0968434581 • Hogg, Michael; Cooper, Joel (2007): The SAGE Handbook of Social Psychology: Concise Student Edition, SAGE Publications Ltd. ISBN: 978-1412945356. <p><u>Suggested readings:</u></p> <ul style="list-style-type: none"> • Niles, S. G. & Harris-Bowlsbey, J.E. (2012). Career Development Interventions in the 21st Century (4 th ed.). Upper Saddle River, NJ: Pearson. 486 p. ISBN: 978-0132658591 	