

## World of Sports (3 ECTS)

### Oktatás célja

#### Aim of the subject

The aim of the subject is to provide the students with knowledge concerning the origin of sport activities, the meaning of sports management and the sub-systems of sports, eg. sport for all, elite sport or the sport for the disabled. The subject makes an overview on the history of sport from the ancient times to nowadays and understand the historical, sociological and philosophical aspects of sport activities in the different ages. Through the history of sports, students get an idea, why the importance of elite and leisure sport has been raising continuously in the 20th century.

#### Acquired competencies

Knowledge:

- Informed about the standard ideas of sport, able to distinguish the sub-systems of sports
- able to understand the strong bond between the history of civilization and sports, and make conclusions on today's tendencies
- Listen and estimate the modern sports life's changes, symptoms and the ways of sports politics

Attitude:

- Committed and interested in sports and the history of modern society
- Seeking the correlations and analyzation opportunities

Abilities:

- Able to view the facts in correlation
- Able to analyse today's sports phenomena and actions

### Tantárgy tartalma

#### Major topics

- Today's sports, and the close past tendencies. Main dilemmas of today's sport
- Social and global tendencies of the international sports life. The main challenges of the Hungarian sports life
- The sub-systems of sport, main ideas. Sporting speculate, competitive sport, professional sport, leisure sport. The economic and social aspects of sport
- Sport and management
- Sports models in the EU and the USA. Some European countries' sports structure
- Understanding the sport in the EU: declaration and support
- The origin of body culture, theories, myths. Sports in the antique societies: Egypt, Mesopotamia, Far East.
- The ancient Greek body culture, the Olympic Games. Sport activities of the Romans.
- Sport in the medieval. Knights, renaissance, sports entertainment of the folks.
- The English gentleman sport, physical education in schools, the international sport movements.
- The birth of modern sport: the XIXth century. The first clubs, federations, the start of the international sports games.
- The birth of the Olympic movement and its history until nowadays.
- The birth of different sports. Professional and amateur sports, debates around professionalism.

- Sport during the cold war, problems of modern sport: commercialism, dopes, politics and sports. The raise of leisure sports.

### **Planned teaching methods**

Lectures held in an interactive way, counting on the active participation of students.

### **Számonkérési és értékelési rendszere**

#### **Requirements and evaluation**

- oral or written exam at the end of the course
- optional paper on a sport problem of today

Evaluation: exam mark, 1-5 scale

Aspects of evaluation:

- deepness of knowledge on the topic
- professionalism of the analysis

### **Irodalom**

#### **Obligatory literature**

- Sportmenedzsment, szerkesztette: Sterbencz Tamás, Géczi Gábor. Semmelweis Egyetem Testnevelési és Sporttudományi Kar (TF), Budapest, 2016., 392 o. (jegyzet)
- Dr. Kun László: Egyetemes testnevelés- és sporttörténet, Nemzeti Tankönyvkiadó, 1998.
- Földes Éva- Kun László – Kutassi László: A magyar testnevelés és sport története, Sport Lap- és Könyvkiadó, 1989.

#### **Optional literature:**

- Kertész István: Ez történt olümpiában, Tóth könyvkereskedés és kiadó, 2002.
- Walter Umminger: A sport krónikája. Officina Nova kiadó, 1990.
- Wolfgang Behringer: A sport kultúrtörténete Corvina, 2014.