PSYB12-149
Psychological Skill Training: Psychology and Technology

Adrienn Ujhelyi, lecturer
Social Psychology Department
ujhelyi.adrienn@ppk.elte.hu

Office hours and place: Monday 10.00-11.00 and Thursday 10.00-11.00 in Room 205. (appointment needed)

The schedule and place of the course:
Friday 12.00-13.30 P2

The goal of the course
This course provides an overview of the role and function of technology on society in general and psychology in particular. Special attention will be paid to the impact of technology on society on different levels (individual, interpersonal, group- and societal).

Objectives:
• To gain some knowledge about the intersectional field of psychology and technology
• To gain an overview of trends in the development and use of mass media
• To gain an understanding of the impact of technology on society
• To improve skills in research and presentation of research regarding psychological use of technology
• To understand how can we apply technology in psychological and pedagogical practice

Conditions of the course completion

Type of evaluation: practical grade

Presentations on any of the following topics (60%)
Cybercrime, security, privacy issues, cyberbullying; Online self; E-health – online health communities, videogames in healing; Online dating; Online groups, communities, intergroup relations, prejudice reduction; Youth online, education, platforms; Digital inclusion (with disabilities); Suicide and self-harm online

Homeworks (40%)

Bibliography, additional materials
see below
Detailed syllabus

1. Introduction
[required and recommended readings to this lecture]

2. What is technology?

3. Psychology of the internet

4. Social impact of the internet

5. Social psychology and social media

6. Research and application

7. - 8. Guest lectures

10-13. Students’ presentations