

Course Description
PSZMTI-211 Health promotion and prevention in
school setting

Leading Lecturer: Katalin Felvinczi

The objectives of the course

To improve and strengthen the students' knowledge related to the development, implementation, monitoring and evaluation of health promotion /preventive interventions. A further aim of the course is to link the topic relevant theoretical knowledge and practical skills and competencies in order to assist the students in planning and implementing high quality preventions interventions. In order to be able to do so topics listed below will be presented/discussed:

- basic considerations related to quality issues in the field of prevention activities;
- public health problems, morbidity and mortality data in the European Union;
- development of a prevention intervention, most important steps, tools to be applied during planning and implementation process;
- the utilisation of different data basis on evidence-based interventions;
- the relevance of theoretical models in planning a prevention intervention;
- different forms and aims of the evaluation research;
- useful monitoring tools;
- high quality prevention programmes in the school setting.

Methods

To get a better understanding on the above-mentioned topics the students will become familiar with some previous or ongoing research development projects in the field of drug prevention. The course will be implemented in three days, during which plenary presentations and group activities will be organised. (Theoretical and practical parts are integrated.)

Assessment

Participation in the course activities is a requirement, at least 80% of the occasions should be attended and active participation in the group work is expected. By the end of the three-day course each small group (4-5 individuals) will produce the blueprint of a prevention intervention reflecting on a chosen topic/problem.

Reading list

Compulsory reading list

- European Prevention Curriculum: a handbook for decision-makers, opinion-makers and policy-makers in science-based prevention of substance use
https://www.emcdda.europa.eu/publications/manuals/european-prevention-curriculum_en
- European drug prevention quality standards: a quick guide -
https://www.emcdda.europa.eu/publications/adhoc/prevention-standard_en
- European drug prevention quality standards (EDPQS) -
https://www.emcdda.europa.eu/publications/manuals/prevention-standards_en