

**Course Description**  
**Psychological Skill Training: Psychology and Technology**

**Aim of the course**

This course provides an overview of the role and function of technology on society in general and psychology in particular. Special attention will be paid to the impact of technology on society on different levels (individual, interpersonal, group- and societal).

Objectives:

- To gain some knowledge about the intersectional field of psychology and technology
- To gain an overview of trends in the development and use of mass media
- To gain an understanding of the impact of technology on society
- To improve skills in research and presentation of research regarding psychological use of technology
- To understand how can we apply technology in psychological and educational practice

**Content of the course**

Attendance and active participation are required. You should not be absent more than 3 times from classes.

- presentation (40% of grade) on a freely chosen, relevant subtopic
- midterm (40% of grade)
- extra (20% of grade) you can choose 2 from many options (book review, movie review, participating at a conference with related topic, attending an exhibition, or other short written essays)

**Reading list**

Bargh, J. A., McKenna, K. Y. A. (2004): Internet and social life. *Annu. Rev. Psychol.* 55:X--X

Manovich, Lev (2001): What is new media? In: *The Language of New Media.* 18-55.

Suler, J.: The basic psychological features of cyberspace

Wellman, B. (2004): Three ages of internet studies: ten, five and zero years ago. *New media and society*, (6) 1. 123-129.

WILSON, R. E., GOSLING, S. D., & GRAHAM, L. T. (2012): A review of Facebook research in the social sciences. *Perspectives on Psychological Science*, 7(3), 203–220.