Aim of the course:
The course provides an overview into the evidence-based interventions of child and adolescent mental disorders.

Learning outcome, competences:
Knowledge:
Students gain an overview into the evidence-based interventions (medication and psychotherapy) of child and adolescent mental disorders.

Attitude:
• Respect of patients and caregivers
• Professional humility
• Considering ethical standards and patients’ rights
• Relying on evidence-based practice

Skills:
• Students will be able to view childhood mental disorders in a complex bio-psycho-social model
• Collecting and evaluating evidences related to different intervention methods
• Indicating the appropriate intervention
• Understanding the basic mechanisms of action of each therapeutic modality.

Content of the course:

- Protocols
  - Common questions of psychotherapies
    - Classification of psychotherapies
    - Process of psychotherapy
    - Systemic psychotherapy
    - Combination of methods
    - Common agents of psychotherapy
    - Efficacy of psychotherapy
    - Quality assurance in psychotherapies
    - Ethical and legal issues in psychotherapies
    - Training for psychotherapies
- Age-specific features and developmental approaches in the treatment of children and adolescents
- Methods of psychotherapy
  - Behavior therapy
  - Cognitive-behavioral therapy
  - Third wave of CBT
  - Family therapy
  - Client-centred and experiential therapies
  - Interpersonal psychotherapy
  - Dynamic psychotherapy
  - Integrative psychotherapy
- Evidence-based protocols for the most prevalent mental disorders in children and adolescents
- Psychopharmacology
- Indication of pharmacological treatment
- The „Off label” concept
- Effect of pharmaceuticals
- Side-effects of pharmacies
- Classification according to agent
- Classification according to diagnosis

**Learning activities, learning methods**
- Lectures
- Projects
- Literature reviews, presentations
- Case study

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<th>Evaluation of outcomes</th>
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<td>Learning requirements, mode of evaluation, criteria of evaluation:</td>
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- Written exam
- Oral exam
- Presentation
Mode of evaluation: exam (5-scale grade)

Criteria of evaluation:
- Detailed knowledge about intervention methods in children and adolescent mental disorders

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<th>Compulsory reading list</th>
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